Philipstown Food Pantry Help to fill our cabinets



We currently are providing nutritious food to 70 households each week in Philipstown.

ITEMS NEEDED:

Grains

Cereal with less than 6 grams of sugar per serving Pancake Mix White or Brown Rice 1lb or 2lb bags Quinoa

Whole grain pasta, crackers and cornmeal

Protein

Canned Tuna or Chicken in water
Peanut butter/nut butter
Unsalted nuts
Canned Beans - Low sodium or no salt

Everyday household items

Dish Soap

Toilet paper, face tissues and paper towels

Laundry Detergent

Vegetables & Fruits

Canned Vegetables - Low sodium or no salt Pasta Sauce - small or large bottles or cans Canned Fruit in juice or water 100% Fruit or Vegetable Juice

Calcium Rich Foods

Sardines Canned Salmon Evaporated milk

Everyday Toiletries

Toothpaste/Mouthwash
Body Wash/Bar Soap
Shampoo
Feminine Hygiene products

Specialty Items: Gluten Free, Sugar Free, Organic & Vegan are also needed

Please note that we are <u>UNABLE</u> accept expired products, severely dented cans, rusty cans, opened or partially used items, food without labels and Home-prepared foods

